

David Carpenter
Bio 2023

I am a veteran international educator, designer, implementer, and practitioner who works with partners to move from ideas to action. I returned to international school counseling in 2018 because I felt a growing need to design ways to support the wellness of students, staff, and parents in school communities.

My training as an instructional technologist intersected well with my belief that the school counselor's role should morph into more of a life coach position. This expanded role includes curriculum design to integrate wellness practices into the school's culture.

I firmly believe that **Positive Psychology** provides the conduit to help students and adults grow their self-understanding and overall wellness. The effects of the pandemic furthered my belief in the need for school leaders to provide wellness and digital wellness educational opportunities for community members.

I paused my work career starting in the summer of 2021 to support my adult sons in their work and life transitions. I continued to pursue my love of international culture and photography (Instagram @clubcarp15) by traveling to Mexico and Southeast Asia. I also challenged myself to learn Spanish while taking university courses connected to wellness. I started a partnership with a Vietnamese non-profit to provide a wellness curriculum for their students.

In 2022 a friend and I started the [Educators Going Global Information Hub and Podcast](#). It is my third podcast in the past 15 years. On a personal growth note, I practice Tai Chi and meditation daily, along with fitness workouts, cycling, and running while fly fishing on the rivers of Idaho.

Pivoting back to the international community to work with children, parents, and fellow educators is high on my list of pursuits. I want to join an international school community to help its members grow their well-being and thrive!